

October

Sun

Mon

Tue

Wed

Thu

Fri

Sat

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21

22

23

24

25

26

Pre-Season w/Bloom
3-4:30

NO DCC

Pre-Season w/Bloom
3-4:30

27

28

29

30

31

LOWELL CAMP
LEAVE WHS 8:30

First Day to Alpha
189 lbs + for sure.

3PM meet in training
room

Boot Camp Day #1
3:15 to 4:30

Boot Camp #2
3:15 to 4:30

Boot Camp #3
3:15 to 4:30

2013

November – WILLIAMSTON WRESTLING

Sun *Mon* *Tue* *Wed* *Thu* *Fri* *Sat*
WRESTLERS WILL NEED CLEAN PRACTICE CLOTHES, ANTI-BACTERIAL SOAP, CLEAN TOWEL EACH DAY.

WRESTLERS NEED TO ALPHA PRIOR TO THE FIRST COMPETITION DATE OF DECEMBER 7

3	4 Boot Camp #4	5 Boot Camp #5	6 Boot Camp #6	7 Boot Camp #7	1	2
10	11 Boot Camp #8	12 Boot Camp #9	13 Boot Camp #10	14 NO SCHOOL	15 NO SCHOOL	16
17	18 1 st Day of Practice 3:15 to 6	19 PRACTICE 3:15 – 6 PM	20 PRACTICE 3:15 – 6 PM PARENT MEETING 6 PM	21 PRACTICE 3:15 – 6 PM	22 Depart for Petoskey Scrimmage 3 PM	23 Mackinac Island Challenge
24 8 AM DEPART TO WILLIAMSTON	25 PRACTICE 3:15-5:55	26 PRACTICE 3:15-5:55	27 NO SCHOOL Practice TBA	28 THANKSGIVING NO PRACTICE	29	30 Scrimmage @ DeWitt For 9, 10 & JV

Holiday Practice Expectation: Wrestlers are expected to be at practice UNLESS your wrestler has family commitments during the time of practice, WRESTLERS ARE EXPECT TO contact Coach Weber prior to the start of practice if unable to attend cell: 517.775.1999 or e-mail: weberp@gowcs.n

2013 – TOUGH.TOGETHER.

December

Sun

1

Mon

2

PRACTICE
3:15 to 5:50

Tue

3

PRACTICE
3:15 – 5:50

Wed

4

PRACTICE
3:15 to 5:50

Thu

5

PRACTICE
3:15 to 5:50

Fri

6

PRACTICE
3:15 to 5
Weigh in 5 PM

Sat

7

V – Onsted Duals

8

9

PRACTICE
3:15 – 5:45

10

PRACTICE
3:15 – 5
WEIGH IN 5 PM

11

Battle of M-52

12

PRACTICE
3:15 – 5:45

13

PRACTICE 3:15 – 5
WEIGH IN 5 PM

14

V – ICL Throwback

15

16

PRACTICE
3:15 – 5:40

17

PRACTICE
3:15 – 5
WEIGH IN 5 PM

18

@ Corunna Quad

19

PRACTICE
3:15 – 5:40

20

PRACTICE
3:15 TO 5
WEIGH IN 5 PM

21

V – Pinckney Duals

22

NO PRACTICE
AGON 2 @ FLINT

23

NO PRACTICE

24

NO PRACTICE

25

NO PRACTICE

26

NO PRACTICE

27

PRACTICE TBA

28

PRACTICE TBA

29

PRACTICE TBA

30

31

PRACTICE TBA

Holiday Practice Expectation: Wrestlers are expected to be at practice UNLESS your wrestler has family commitments during the time of practice, please contact Coach Weber prior to the start of practice if unable to attend cell: 517.775.1999 or e-mail: weberp@gowcs.net

2013

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		NOTE: Jan. 1 TWO pound growth allowance granted for remaining weigh ins	1 PRACTICE TBA	2 Practice TBA	3 Practice TBA Weigh In 3 PM	4 V- Carson City Duals
5	6 <i>CLASSES RESUME</i> PRACTICE 3:15-5:30	7 PRACTICE 3:15-5 WEIGH IN 5 PM	8 Hornet Quad v. Leslie Charlotte Springport	9 PRACTICE 3:15-5:30	10 PRACTICE 3:15-5 WEIGH IN 5 PM	11 V- Bendle Duals
12	13 PRACTICE 3:15-5:25	14 PRACTICE 3:15-5:25 WEIGH IN 5 PM	15 v. Portland	16 PRACTICE 3:15-5:25	17 PRACTICE 3:15-5 WEIGH IN 5 PM	18 52 nd Mooney Classic
19	20 <i>HS EXAMS</i> Practice 3:15-5:20	21 <i>HS EXAMS</i> Practice 3-5 Weigh In 5 PM	22 v. Stockbridge HS EXAMS	23 <i>NO SCHOOL</i> PRACTICE TBA	24 <i>NO SCHOOL</i> PRACTICE TBA WEIGH IN 3 PM	25 V – Okemos Duals
26	27 PRACTICE 3:15-5:15	28 PRACTICE 3:15-5 WEIGH IN 5 PM	29 @ Lakewood	30 PRACTICE 3:15-5:15	31 PRACTICE PRACTICE 3:15-5 WEIGH IN 5 PM	

2014

February

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

CAAC-White
@Lakewood

2

3

PRACTICE
3:15-5:10

4

PRACTICE
3:15-5

5

TEAM DISTRICT
@PERRY
WEIGH IN @ 5 PM

6

PRACTICE
PRACTICE 3:15-5

7

PRACTICE 3:15-5

8

INDV DISTRICT
@MT MORRIS
WEIGH IN 8 AM

9

10

PRACTICE TBA

11

PRACTICE TBA

12

TEAM REGIONAL
@WILLIAMSTON

13

PRACTICE TBA

14

PRACTICE TBA

15

INDV REGIONAL
@WILLIAMSTON

16

17

NO SCHOOL
PRACTICE TBA

18

PRACTICE TBA

19

PRACTICE TBA

20

PRACTICE TBA

21

TEAM STATE
@BATTLE CREEK

22

TEAM STATE
@BATTLE CREEK

23

24

MYWAY JV STATE
@BATTLE CREEK

25

26

27

IND. STATE FINAL
@THE PALACE

28

IND STATE FINAL
@THE PALACE

1

IND STATE FINAL
@THE PALACE

WRESTLERS ARE EXPECTED TO FINISH IN GOOD STANDING BY ATTENDING ALL PRACTICES UNTIL THE TEAM HAS BEEN ELIMINATED FROM THE POST-SEASON. WRESTLERS GRADES 9 THROUGH 11 ARE ENCOURAGED TO WRESTLE AT THE MYWAY TEAM FINALS. WRESTLERS OF SIMILAR SIZE OR FAMILIAR PRACTICE PARTNERS OF THOSE QUALIFIED FOR REGIONALS & STATES MAY BE INVITED TO PRACTICE THOSE WEEKS.

2014

March

Sun

Mon

Tue

Wed

Thu

Fri

Sat

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2014