# WILLIAMSTON WRESTLING CLUB

## **GENERAL INFORMATION:**

- The Williamston Wrestling Club will begin practice for the upcoming youth season on **Tuesday**, **November 28** in the High School Mezzanine.
- Who Can Wrestle? All ages and ability levels are welcome to join; club wrestling is open to recommended grades  $1^{st} 8^{th}$
- Wrestling instruction is provided in a safe and fun format! Club members practice on Tuesday and Thursday evenings (6:00-7:00 for 1<sup>st</sup> 3<sup>rd</sup> grade) and (6:00-7:30 for 4<sup>th</sup> -8<sup>th</sup> grade). Most wrestlers compete in the MMWA and MYWAY wrestling tournaments on select weekends.
- There will be an informational meeting on the first day of practice, Tuesday, **November 28 at 6 PM** at Williamston High School in the mezzanine. If you have questions prior to that, please feel free to contact one of the coaches at the bottom of this page. Registration forms will be available at the informational meeting. We can also send these forms via email or they can be downloaded from the Williamston Wrestling website.
- Wrestling is a great sport for youth as it builds self-confidence, a strong work ethic, and discipline. Wrestling is a complimentary sport for athletes involved in football, soccer, cross country among others, and encourages a healthy lifestyle.

# WHAT TO BRING:

- Each kid should wear shirt and shorts.
- Wrestling shoes are encouraged, but not necessary for practices. Slightly used shoes and headgear may be available check with one of the coaches.
- A water bottle would be a good idea, water fountains are nearby.

#### **SCHEDULE:**

The season is divided into two segments:

- *Green Season* is from November 28 to February 11.
- White Season from November 28 to March 25.
- Tournament schedules can be seen at <u>www.mmwawrestling.com</u> and <u>www.mywaywrestling.com</u>. We will not attend every tournament but will finalize a schedule once practice starts.

## COST:

*Green Season* - \$30 *White Season* - \$40, each additional child from the same family is  $\frac{1}{2}$  the normal cost. For example, a family has two kids and they wrestle the white season, the cost is 40 + 20 = 60. Checks can be addressed to Williamston Wrestling Club and be given to Nick Chambers at practice.

• For Williamston Middle School wrestlers who are not going to wrestle any club tournaments but want to practice prior to the middle school season starting in January, there is no charge.

Membership cost includes: practices, t-shirt, MYWAY/MMWA membership, and tournaments team coaches attend.

For any further information, please contact one of the following youth coaches Chris Johnecheck (<u>cdjeck@yahoo.com</u>, 517-996-6079), Nick Chambers (<u>chambers1919@gmail.com</u>, 517-230-4327), Devin Young (517-290-2034) or Bob Urban (<u>bniceurban@gmail.com</u>, 517-410-3434).

# If not NOW, When?